

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

## COMMANDER | JEN HOLDEN



As we head into spring, I want to take a moment to thank you all for your continued support of JB Clark Post 149. Your commitment and dedication are what keep our doors open and our mission alive, especially as we continue to operate on a shoestring budget.

The reality is that our Post's financial situation remains tight. Rising costs and limited income mean we need to get creative and stay proactive. That's why we're calling on our members to support upcoming fundraisers and help us find sponsors. If you know of any local businesses or individuals who would be willing to donate, sponsor events, or partner with us, please reach out. Every contribution helps us continue to serve our veterans and our community.

This month also kicks off the first round of officer nominations for the 2025–2026 year. I want to personally share with you that I will not be running for a fourth term as Commander. It has been a tremendous honor to serve, and I am grateful for the trust and support you've shown me. Now, it's time to pass the torch and bring in new leadership with fresh ideas and energy. The open positions for election are:

- Commander
- 1st Vice Commander
- 2nd Vice Commander
- Sergeant-at-Arms
- Two (2) Executive Board positions (two-year terms)

I encourage anyone interested in serving to step up, this is your chance to make a difference, shape the future of our Post, and give back to those who have served our nation.

There are also many other opportunities to get involved, whether it's volunteering at events, helping maintain the Post, assisting with veterans outreach, or supporting our youth programs. Every act of service counts. When you give your time and talents, you help strengthen our Post and our impact on the community.

Let's continue moving forward, together. Our strength lies in our unity and shared purpose. For God and Country!



## FIRST VICE | GEORGE CHRISTENSEN



What an exciting time to be the First Vice Commander of Post 149. On Saturday March 29th the Commander, the Adjutant, and myself along with a number of volunteers will be meeting at the Post at 1000 to start our “Buddy Check” phone campaign to all our members. This is an effort to reconnect with our 618 members and make sure they are well, and if not, how the Post can assist them. We also want to get members we haven’t seen for a while to start attending meetings and participating in Post activities. If you would like to participate in the phone campaign, show up at the Post on the 29th at 1000, cell phone in hand, and make ten calls to other members. On the 30th the Legion Riders will be hosting a breakfast. Come join us and you can hear the tales of the Chapters recent trip to Tombstone. We need to come together as Legionnaires and start some fund raising activities. Our youth accounts are empty. We need to raise enough to support Boys/Girls State, the Oratorical contest, and the School medal program. Come help us plan and execute these activities as well as participate in the breakfasts and other special events the post puts on.

Our theme is every member brings in a member. Every member who knows a member who we haven’t seen or heard of for awhile invites that member to a general meeting, or something as simple as joining for a Post breakfast to share some camaraderie.

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## SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



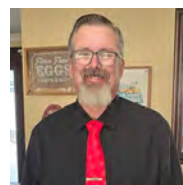
Comrades, I’m happy to announce Club 149 turned a profit in the month of February! Its difficult to believe 5 years later we are still suffering the long-term effects of the Pandemic. Please remember the only way we can keep our doors open is thru your continued support.

I would like to give a shout out to our clubroom committee! Great job on the St. Patrick’s Day decorations. Your great teamwork certainly put Club 149 in the holiday spirit!

Due to the one cent sales tax increase taking effect on April 1st, Clubroom prices will be going up soon. I promise each and every one of you we still have the best prices in town!

See you all very soon.

## POST 149 ADJUTANT | CODY YORK



Dear Legionnaires, I hope this message finds you well. As we welcome spring, I’d like to acknowledge the outstanding work of the **Clubroom Committee**. They have been actively planning events for the next four months and have stepped up in a big way—especially by taking over the **third Sunday breakfast**, a responsibility that unfortunately lacked volunteers from our 588 general members. Kudos to the Clubroom Committee for their dedication!

As I’ve often said, this is your post—take pride in it and step up to volunteer. Many members ask why we don’t have more events, special gatherings, or dinners. The answer is simple: we need volunteers. If you’ve been asking for more events, consider stepping up rather than wondering why they’re not happening. We are a membership-driven organization, and our success depends on your involvement.

### Special Offer for Veterans, First Responders & Teachers

I’d also like to share an exclusive offer from **One Hour Heating & Cooling** for veterans, first responders, and teachers. You can join the **Heroes Club** for just **\$11.11**, which includes annual heating and cooling inspections along with great discounts on repairs. I’ve personally taken advantage of this program and highly recommend it. Information at

[www.onehourheatandair.com/herrin/about-us/heroes-club](http://www.onehourheatandair.com/herrin/about-us/heroes-club)

### Post 149 T-Shirts – Pre-Order Now!

There has been interest in **Post 149 t-shirts**, and I’m working on placing an order. If you’d like one, please email me at [adjutant149@gmail.com](mailto:adjutant149@gmail.com) with your size and quantity so I can gauge interest. These shirts will be **blue pocket tees** featuring the **Legion logo on the pocket and J.B. Clark Escondido Post 149 with the Legion logo on the back**, just like previous designs.

Thank you all for your continued support. Let’s make this season great by getting involved and supporting our post.

**For God and Country**

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## KEY DATES

See calendar page and flyers for more information.

MAR 8  
Post Dinner

MAR 9  
Daylight Savings Begins

MAR 12  
SAL Meeting

MAR 15  
College Night

MAR 17  
St. Patrick's Day

MAR 18  
Post Meeting

MAR 26  
ALR Meeting

Check Calendar for  
SUNDAY Breakfast  
Schedules

BUNCO  
Every Thursday 6-8:30 PM

KARAOKE  
Every Friday 7-11 PM

*The One Forty Niner*

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J.B. Clark Post 149

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# AMERICAN LEGION

J.B. CLARK POST 149 ESCONDIDO, CA

## 30th Annual Jimmie L Hayes Memorial Police, Fire, & Emergency Services

# Law & Order Awards Ceremony

Saturday April 26th, 2024, 6:00 PM

## Got Big Plans?

Let Us Host Your Special Event!  
Meeting · Banquet · Party · Wedding · Memorial  
or any other event



### Indoor Hall

- Raised stage
- 120 person capacity
- State of the Art Audio/Video system



### Outdoor Patio & Courtyard

- Cabana's in Courtyard
- 235 person capacity

Tables and Chairs included in rental fee!

American Legion Post 149  
239 E Park Ave  
Escondido, CA 92025



For a quote contact:  
Cody York, Post 149 Adjutant  
(760) 745-1159  
adjutant149@gmail.com

[www.escondidolegion.org/event-rentals](http://www.escondidolegion.org/event-rentals)

**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**  
 At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

## APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	<b>1</b> April Fools Day 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911	<b>2</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>3</b> 6 - 8:30PM (Hall) BUNCO	<b>4</b> 7 - 11PM (Hall) KARAOKE	<b>5</b>
<b>6</b> 8 - 11AM (Hall) DAV Breakfast - \$14 4 - 7PM (Hall) Escondido Little League Board	<b>7</b> 4:30 - 6:30PM America's Youth After School Program	<b>8</b> 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg 6 - 7:30PM (Hall) DAV Chapter 70 Mtg	<b>9</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 7:30PM (Hall) SAL Meeting	<b>10</b> 5 - 8PM (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 8:30PM (Clubroom) BUNCO	<b>11</b> Noon - 1PM (Hall) Senior Anglers 7 - 11PM (Hall) KARAOKE	<b>12</b> 8AM - 1:30PM (Hall) Blue Star Moms 10AM - Noon (CR) 173 Airborne Assn. 2 - 3:30PM (Patio) Guide Dog Training
<b>13</b> 8 - 11AM (Hall) Sons Breakfast - \$14 9 - 10AM District 22 Meeting Noon - 1PM Sons District Meeting 2 - 5PM (Patio) Abbott Memorial	<b>14</b> 4:30 - 6:30PM America's Youth After School Program	<b>15</b> 9AM - 1PM (Conf Room) Porcelain Club 5 - 5:30PM (Hall) House Committee Mtg 6 - 7:30PM (Hall) Post 149 General Mtg	<b>16</b> 4 - 6PM (Hall) Vietnam Vets of America 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>17</b> 6 - 8:30PM (Hall) BUNCO	<b>18</b> Good Friday Noon - 1PM (Hall) Waldorf Birthday Party 7 - 11PM (Hall) KARAOKE	<b>19</b>
<b>20</b> Easter 8 - 11AM (Hall) Post Breakfast - \$14 1 - 3PM (Hall) MHF	<b>21</b> 4:30 - 6:30PM America's Youth After School Program	<b>22</b> 9AM - 1PM (Conf Room) Porcelain Club	<b>23</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous 6:30 - 8PM (Patio) ALR 149 Meeting	<b>24</b> 6 - 8:30PM (Hall) BUNCO	<b>25</b> 7 - 11PM (Hall) KARAOKE	<b>26</b> 11AM - 3PM (Conf Room) SCRABBLE Club 6 - 9PM Law and Order Dinner
<b>27</b> 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14	<b>28</b> 4:30 - 6:30PM America's Youth After School Program	<b>29</b> 9AM - 1PM (Conf Room) Porcelain Club	<b>30</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous	1	2	3

**Holidays & Observances**

- 01 April Fools Day
- 18 Good Friday
- 20 Easter



J.B. CLARK/POST 149



*Karaoke*  
NIGHT

FRIDAYS

8PM - 11PM

KJ Alex 1<sup>st</sup>/3<sup>rd</sup>/5<sup>th</sup> Friday  
KJ Christine 2<sup>nd</sup>/4<sup>th</sup> Friday

We Want To Hear You  
**SING!**



J.B. CLARK/POST 149



**Thursday's, 6pm**  
We play 4 rounds, with dinner  
served at half-time.

*Let The Good Times Roll!*

MARKET MALL

**The Golden Egg Omelet House**

10% of Food & Beverage order contributed to

**American LEGION Post 149**



316 West Mission Ave. #101  
Escondido, CA 92025  
(760) 489-6420

**BUSINESS AD SPECIFICATIONS**

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

\*PLEASE CONTACT THE POST ADJUTANT AT  
ADJUTANT149@GMAIL.COM  
FOR MORE INFORMATION OR TO PLACE AN AD.

alldaysigns@gmail.com  
instantsignsandprints.com

Instant  
**Signs**  
and Prints

760.442.1366

520 N. Quince St. Suite #4  
Escondido, CA. 92025



**\$6 SELECT PINTS**  
**DISCOUNTED**  
**APPETIZERS**

MON-THURS 2-4PM

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn !0% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.